

**Lincoln County
School District
CVH/WHS**



2023

FAST TAKES

Daily Deli Specials

Monday: Turkey & Cheese Sub & Chef Salad
Tuesday: American Sub & Crispy Chicken Salad
Wednesday: Peach BBQ Chicken Sub & SW Taco Salad w/Chips
Thursday: Spicy Italian Sub & Buffalo Chicken Salad
Friday: Tuna Sandwich, Hummus Mediterranean Wrap (v)
 (All Salads Served with WG Roll, Except Taco Salad)

Daily Pizza Choices (Secondary Daily, Elementary Once A Week on Tuesdays)

Everyday: Pepperoni & Cheese (v)
Monday: Veggie Pizza (v)
Tuesday: Meat Lovers Pizza
Wednesday: Chilly Philly Pizza
Thursday: Orange Spice Chicken Pizza
Friday: Hawaiian Pizza

PIZZA

GRILL

Everyday Choice

(Elementary Option on Tuesday Only)

Cheeseburger, Hamburger
Chicken Burger, Spicy Chicken Burger or Veggie Burger
(Elementary Chicken Burger Option on Fridays Only)
 All Hot Sandwiched Served w/Oven Baked French Fries or Tater Tots

SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Oranges, Garden Salad Greens & Low Fat or Fat Free Milk

Daily Specials	Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Lean Protein, Low-Fat & Fat-Free Milk. Students must choose 3 of 5 components, one being 1/2 cup fruit or vegetable All Students Eat Breakfast & Lunch at No Charge			
	3 All Grades Chicken Alfredo	4 All Grades Cheesy Breadsticks w/Marinara	5 All Grades Turkey Gravy over Mashed Potatoes w/WG Roll	6 All Grades Alaskan Fish & Chips w/WG Roll
9 Secondary Bean & Cheese Burrito w/Salsa & Sour Cream (v) Elementary Bean & Cheese Burrito w/Salsa (v)	10 All Grades Taco Burger w/Potato Wedges	11 All Grades Spicy Chicken & Rice Bowl	12 All Grades Grilled Cheese Sandwich w/Tomato Soup	13 Secondary Scratch Made Sloppy Joes w/Seasoned Curly Fries Elementary Scratch Made Sloppy Joes
16 No School Martin Luther King Jr. Day	17 Secondary Twisted Hot Dogs w/Curley Fries Elementary Twisted Hot Dogs	18 All Grades Hamburger Gravy over Mashed Potatoes w/WG Roll	19 All Grades Scratch Made Spaghetti w/Meat Sauce Meatless Option Also Available	20 Secondary Baja Fish Tacos w/Mexican Slaw Elementary Oven Bake Chicken Burger
23 All Grades Pulled Pork Sandwich w/Fries Elementary Pulled Pork Sandwich	24 All Grades Homestyle Macaroni & Cheese with side of Oven Roasted Vegetables	25 All Grades BBQ Chicken Sandwich w/Tater Tots	26 Secondary Doritos Walking Tacos w/Salsa & Sour Cream Elementary Doritos Walking Tacos w/Salsa	27 No School Records Day
30 All Grades Cheesy Breadsticks w/Marinara	31 All Grades Baked Penne Pasta w/WG Roll			

This institution is an equal opportunity provider
Menu Subject to Change

