

# Lincoln County School District High School Lunch Menu



DECEMBER

2022

**FAST TAKES**

**Daily Deli Specials**

- Monday: Ham & Cheese Sub & Chef Salad
  - Tuesday: American Sub & Crispy Chicken Salad
  - Wednesday: Jalapeno Lime Chicken Wrap & SW Taco Salad w/Chips
  - Thursday: Spicy Italian Sub & Buffalo Chicken Salad
  - Friday: Tuna Sandwich, Hummus Veggie Box
- (All Salads Served with WG Roll, Except Taco Salad)

**Daily Pizza Choices**

- Everyday: Pepperoni & Cheese (v)
- Monday: Veggie Pizza (v)
- Tuesday: Meat Lovers Pizza
- Wednesday: Cheesy Breadstick w/Marinara (v)
- Thursday: Chicken Bruschetta Pizza
- Friday: Hawaiian Pizza

**PIZZA**

**Plant-Based, Vegetarian, Natural & More All the Ingredients You Love!! (Garden Bar)**

A Variety of Fresh & Canned Fruits Daily- Plus Items Below

- M- Broccoli Lime Salad, Corn Elotes
- T- Ginger Carrot Salad, Steamed Edamane
- W- Chilled Broccoli, Citrus Glazed Carrots
- TH- Basil Corn Salad, Italian Seasoned Chickpeas
- F-Spinach Salad, Chilled Peas, Moroccan Carrots



**GRILL**

**Everyday Choice**

- Cheeseburger, Hamburger
  - Chicken Burger, Spicy Chicken Burger or Veggie Burger
- All Hot Sandwiched Served w/Oven Baked French Fries or Tater Tots

**Daily Specials**

Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Lean Protein, Low-Fat & Fat-Free Milk.

Students must choose 3 of 5 components, one being 1/2 cup fruit or vegetable

All Students Eat Breakfast & Lunch at No Charge

**PLEASE STOP BULLYING NOW! STAND UP & SPEAK OUT**

			1 Turkey Gravy over Mashed Potatoes w/WG Roll	2 Alaskan Fish & Chips w/WG Roll
5 Taco Cheesy Tot'chos	6 Taco Burger w/Potato Wedges	7 Popcorn Chicken Potato Bowl w/WG Roll	8 Grilled Cheese Sandwich with Tomato Soup	9 Bean & Cheese Burrito w/Salsa & Sour Cream
12 Cheesy Lasagna Roll Up w/WG Roll (v)	13 Teriyaki Chicken over Rice	14 Oven Baked Corn Dogs w/Tater Tots	15 Hearty Chicken & Dumplings	16 Fish Po'Boy w/Mexican Slaw
19 No School Winter Break	20 	21 No School Winter Break	22 	23 No School Winter Break
26 	27 No School Winter Break	28 	29 No School Winter Break	30 



This institution is an equal opportunity provider  
Menu Subject to Change

