

**Lincoln County  
School District  
High School Lunch  
Menu**



**May  
2022**

**FAST TAKES**

**Daily Deli Specials**

**Monday:** Ham & Cheese Sub & Chef Salad  
**Tuesday:** American Sub & Crispy Chicken Salad  
**Wednesday:** Jalapeno Lime Chicken Wrap & SW Taco Salad w/Chips  
**Thursday:** Spicy Italian Sub & Buffalo Chicken Salad  
**Friday:** Tuna Sandwich, Garden Salad  
 (All Salads Served with WG Roll, Except Taco Salad)

**Daily Pizza Choices**

**Everyday: Pepperoni & Cheese (v)**

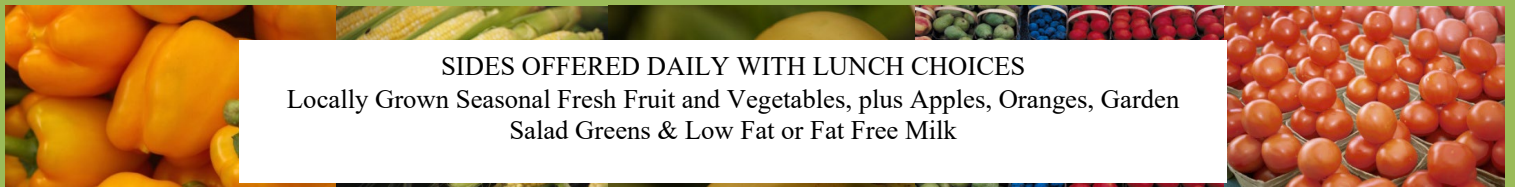
**Monday: Veggie Pizza (v)**  
**Tuesday: Meat Lovers Pizza**  
**Wednesday: Early Release No Pizza**  
**Thursday: Chicken Bruschetta Pizza**  
**Friday: Hawaiian Pizza**  
 (Pizza is Subject to Availability of Pizza Crust!!)

**PIZZA**

**GRILL**

**Everyday Choice**

Cheeseburger, Hamburger  
 Chicken Burger, Spicy Chicken Burger or Veggie Burger  
 All Hot Sandwiched Served w/Oven Baked French Fries or Tater Tots



**SIDES OFFERED DAILY WITH LUNCH CHOICES**  
 Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Oranges, Garden Salad Greens & Low Fat or Fat Free Milk

Daily Specials	Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Lean Protein, Low-Fat & Fat-Free Milk. <b>Students must choose 3 of 5 components, one being 1/2 cup fruit or vegetable</b> All Students Eat Breakfast & Lunch at No Charge			
2 BBQ Meatball Sub w/WG Chips	3 Oven Baked Chicken Alfredo w/Garlic Rip Stick	4 Sweet & Sour Chicken over Rice	5 Cheesy Breadsticks w/Marinara	6 Scratch Made Sloppy Joes w/ Oven Baked Fries
9 Tater Tot Casserole w/Twisted Rip Stick	10 Twisted Hot Dog w/Oven Baked Fries	11 Chicken Mashed Potato Bowl w/Roll	12 Spaghetti w/Plant Based Tomato Sauce (v)	13 Grilled Cheese Sandwich w/Mo's Clam Chowder
16 Lasagna Roll Ups w/Garlic Rip Stick	17 Baked Chicken Filet w/Cheesy Tater Tots & WW Roll	18 BBQ Chicken Sandwich w/ WG Chips	19 Baked Penne Pasta w/Green Beans	20 No School
23 Cheesy Breadsticks w/Marinara	4 Pork Banh Mi Street Tacos	25 General Tso Chicken over Rice	26 BBQ Meatball Sub w/WG Chips	27 Fish Po' Boy Sub w/Mexican Slaw
30 	31 Oven Baked Chicken Alfredo w/Garlic Rip Stick			

This institution is an equal opportunity provider  
 Menu Subject to Change

