

Lincoln County
School District
LC Career Tech



May
2022

SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Oranges, Garden Salad Greens & Low Fat or Fat Free Milk

Daily Specials	Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Lean Protein, Low-Fat & Fat-Free Milk. <i>Students must choose 3 of 5 components, one being ½ cup fruit or vegetable</i> All Students Eat Breakfast & Lunch at No Charge				
2 BBQ Meatball Sub w/Chips	3 Italian Sub Sandwich w/Chips	4 Cheesy Breadsticks w/Marinara	5 Hot Dog w/Chips	6 Sloppy Joe w/Chips	
9 Bean & Cheese Burrito w/Salsa & Sour Cream	10 BBQ Pulled Pork Sandwich w/Chips	11 Oven Baked Corn Dog	12 SW Taco Salad w/Salsa & Sour Cream	13 American Sub Sandwich w/Mo's Clam Chowder	
16 Lasagna Roll Up w/Roll	17 Twisted Hot Dog	18 BBQ Chicken Sandwich w/Chips	19 Cheesy Breadsticks w/Marinara	20 Italian Sub Sandwich	
23 Cheeseburger w/Chips	24 SW Taco Salad w/Chips	25 Orange Chicken & Rice Bowl	26 Home Style Macaroni & Cheese	27 Oven Baked Chicken Burger	
30 No School Memorial Day	31 Cheeseburger w/Chips				

This institution is an equal opportunity provider
Menu Subject to Change

