

**Lincoln County
School District
High School Lunch
Menu**



**March
2022**

FAST TAKES

Daily Deli Specials

Monday: Ham & Cheese Sub & Chef Salad
Tuesday: Chicken Caesar Wrap & Crispy Chicken Salad
Wednesday: Turkey & Cheese Sub & SW Taco Salad w/Chips
Thursday: Spicy Italian Sub & Buffalo Chicken Salad
Friday: Tuna Sandwich
 (All Salads Served with WG Roll, Except Taco Salad)

**Daily Pizza Choices
Everyday: Pepperoni & Cheese (v)**

Monday: Veggie Pizza (v)
Tuesday: Supreme Pizza
Wednesday: Early Release No Pizza
Thursday: Taco Pizza
Friday: Hawaiian Pizza
 (Pizza is Subject to Availability of Pizza Crust!!)



GRILL

Everyday Choice

Cheeseburger, Hamburger
 Chicken Burger, Spicy Chicken Burger or Veggie Burger
 All Hot Sandwiched Served w/Oven Baked French Fries or Tater Tots

SIDES OFFERED DAILY WITH LUNCH CHOICES
 Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Oranges, Garden Salad Greens & Low Fat or Fat Free Milk

Daily Specials	Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Lean Protein, Low-Fat & Fat-Free Milk. Students must choose 3 of 5 components, one being ½ cup fruit or vegetable All Students Eat Breakfast & Lunch at No Charge			
	1 Grilled Cheese Sandwich (v) w/Mo's Clam Chowder	2 BBQ Pulled Pork Sandwich w/Tater Tots	3 Chicken Mashed Potato Bowl w/Roll	4 Spaghetti w/Plant Based Sauce w/Caesar Side Salad
7 No School Professional Development	8 Taco Meat & Cheese Nachos	9 BBQ Chicken Sandwich w/Dorito Nacho Cheese Chips	10 Baked Penne Pasta (v) w/Garlic Rip Stick w/Caesar Side Salad	11 Fish Po' Boy w/Mexican Slaw
14 Cheesy Breadsticks w/Marinara	15 Baked Chicken Filet w/Cheesy Tater Tots & WW Roll	16 Pretzel w/Cheese Sauce	17 General Tso Chicken over Rice	18 Sloppy Joe w/Fries
21 No School Spring Break	22 	23 No School Spring Break	24 	25 No School Spring Break
28 Bean & Cheese Enchilada	29 Oven Baked Chicken Alfredo w/Garlic Rip Stick	30 Pork Pozole w/Tortilla Chips	31 Turkey Gravy over Mashed Potatoes w/Roll	

This institution is an equal opportunity provider
 Menu Subject to Change

