

**LCSD
EVC-CVH-WHS
Lunch Menu**



**MARCH
2022**



Mon, Wed & Fri
Cheeseburger, Hamburger or Veggie Burger
(Elementary Burger Option on Wednesday only)

Tues & Thurs
Chicken Burger or Spicy Chicken Burger
(Elementary Chicken Burger option on Fridays only)

All Hot Sandwiched Served w/Oven Baked French Fries or Tater Tots

Weekly Pizza Choice (Secondary Daily, Elementary Once a Week)
Daily Option: Pepperoni & Cheese Pizza (v)

Daily Specials
Monday: Veggie Pizza (v)
Tuesday: Supreme Pizza
Wednesday: No Pizza Early Release Day
Thursday: Taco Pizza
Friday: Hawaiian Pizza
(Pizza is Subject to Availability of Pizza Crust)








Daily Deli Specials:

Monday: Ham & Cheese Sub & Chef Salad
Tuesday: Chicken Caesar Salad & Crispy Chicken Salad
Wednesday: Turkey & Cheese Sub & SW Taco Salad
Thursday: Spicy Italian Sub & Buffalo Chicken Salad
Friday: Tuna Salad Sandwich & Garden Salad
(All Salads Served with WG Roll, except Taco Salads)



Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Protein, and Low-Fat & Fat-Free Milk

Students must choose 3 of 5 Meal Components 1 must be a ½ cup of fruit or veggie

	1 Grilled Cheese (v) w/Mo's Clam Chowder	2 BBQ Pulled Pork Sandwich w/Tater Tots	3 Chicken Mashed Potato Bowl w/Roll	4 Spaghetti w/Plant Based Sauce & Caesar Side Salad (v)
7 No School Professional Development	8 Taco Meat & Cheese Nachos	9 Hot Dog on WW Bun	10 Baked Penne Pasta (v) w/Garlic Rip Stick	11 Fish Po' Boy w/Mexican Slaw
14 Cheesy Breadsticks w/Marinara	15 Baked Chicken Filet w/Cheesy Tater Tots & Roll	16 Pretzel w/Cheese Sauce (v)	 17 General Tso Chicken over Rice	18 Sloppy Joes w/Fries
21 No School Spring Break	 22	23 No School Spring Break	 24	25 No School Spring Break
28 Bean & Cheese Enchilada	29 Oven Baked Chicken Alfredo	30 Pork Pazole w/Tortilla Chips	31 Turkey Gravy over Mashed Potatoes w/Roll	

WW = Whole Wheat WG= Whole Grain



This institution is an equal opportunity provider
Menu Subject to Change

