

**Lincoln County  
School District  
Newport Middle  
Lunch Menu**



**November  
2021**

**FAST TAKES**

**Daily Deli Specials**

- Monday:** Ham & Cheese Sub & Chef Salad
  - Tuesday:** Chicken Caesar Wrap & Crispy Chicken Salad
  - Wednesday:** Turkey & Cheese Sub
  - Thursday:** Spicy Italian Sub & Buffalo Chicken Salad
  - Friday:** Tuna Salad Sandwich (local tuna) & Garden Salad
- (All Salads Served with WG Roll)

**PIZZA**

**Daily Pizza Choices**  
Every day: Pepperoni & Cheese

**Specialty Options:**  
**Monday: Vegetarian**  
**Tuesday: Supreme Pizza**  
**Wednesday: No Pizza Early Release**  
**Thursday: Taco Pizza**  
**Friday: Hawaiian Pizza**

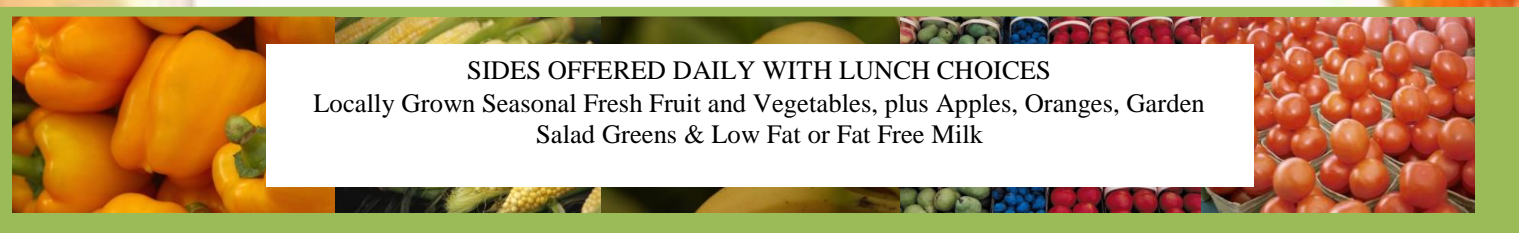


**Part-time Kitchen Help Wanted.**  
**Flexible Hours. Students can get paid to work on campus**

**GRILL**

**Everyday Choices**  
Cheeseburger, Hamburger, Veggie Burger, Chicken Burger & Spicy Chicken Burger

*All Hot Sandwiched Served w/Oven Baked French Fries or Tater Tots*



**SIDES OFFERED DAILY WITH LUNCH CHOICES**  
Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Oranges, Garden Salad Greens & Low Fat or Fat Free Milk

<p><b>Daily Specials</b></p> <p><b>FAVORITES</b></p> <p><i>Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Lean Protein, Low-Fat &amp; Fat-Free Milk.</i>  <b>Students must choose 3 of 5 components, one being ½ cup fruit or vegetable</b>  <i>All Students Eat Breakfast &amp; Lunch at No Charge</i></p>				
1 Meatball Sub w/Marinara & Side Mixed Vegetables	2 Bean & Cheese Enchilada	3 Oven Baked Corn Dog w/Chips	4 Sweet & Sour Chicken over Steamed Rice	5 Homemade Sloppy Joes w/Oven Baked Tater Tots Cookie Day
8 Bean & Cheese Burrito w/Salsa & Sour Cream & Side Aztec Corn	9 Chicken Alfredo w/Green Beans	10 Hot Dog on WW Bun w/Potato Chips	11 	12 Alaskan Fish & Chips & Garlic Rip Stick
15 Chicken TotCho's w/Twisted Rip Sticks	16 BBQ Chicken w/Cheesy Garlic Mashed Potatoes & WW Roll	17 Pretzel w/Cheese Sauce	18 Spaghetti w/Plant Based Sauce	19 Southern Style Chicken & Waffles
22 Teriyaki Chicken over Steamed Rice	23 BBQ Pulled Pork Sandwich on a Bun <b>Cookie Day!!</b>	24 No School Thanksgiving Break	25 	26 No School Thanksgiving Break
29 BBQ Meatball Sub w/Oven Baked Fries	30 Crispy Chicken Nuggets w/Fries & WW Roll			



**This institution is an equal opportunity provider**  
Menu Subject to Change

