



Dr. Karen Gray, Superintendent




WHEN SHOULD A CHILD STAY HOME FROM SCHOOL OR BE SENT HOME FROM SCHOOL?

The list below gives school instructions, not medical advice. Please contact your health care provider with health concerns. We will partner with the local public health authority to manage COVID-19. Anyone exposed to COVID-19 must stay out of school until their quarantine is over. Fully-vaccinated people may receive different instructions.

If your child is exposed to COVID-19, please contact your school for guidance.

<p>IF anyone in your home or community living space have been: (RSSL, pg 23 - Covid 19 Exclusion Summary Guidance for K-12)</p> <ul style="list-style-type: none"> • Diagnosed with COVID-19 or have been tested and are waiting for results? • In close contact with anyone diagnosed with or suspected of having COVID-19? • Asked to self-isolate or quarantine by a medical professional or a local public health official? • Having any primary symptoms of COVID-19? 	<p>DO THIS:</p> <ul style="list-style-type: none"> • Stay Home • Follow symptom-specific guidance below
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Primary Symptoms of COVID-19 *If you have a sudden onset of loss of taste or smell, contact your provider	STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 IF You Have: <u>Fever</u>: temperature by mouth of 100.4°F or Higher	Stay Home Until: *Fever-free for 24 hours without taking fever-reducing medicine AND after a COVID-19 test is negative, OR 10 days if not tested.
 IF You Have: <u>New cough</u> illness OR IF You Have: <u>New difficulty Breathing</u> (unless it's chronic*)	Stay Home Until: *Symptom-free for 24 hours AND after a COVID-19 test is negative, OR 10 days if not tested. If diagnosed with pertussis (whooping cough), the student must take 5 days of prescribed antibiotics before returning.

GENERAL SYMPTOMS OF ILLNESS	STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 <u>Headache</u>: with stiff neck or with fever	* Symptom-free OR with orders from doctor to school nurse. Follow fever instructions if fever is present.
 <u>Diarrhea</u>: 3 loose or watery stools in one day OR newly not able to control bowel movements	* Symptom-free for 48 hours OR with orders from doctor to school nurse.
 <u>Vomiting</u>: one or more episode that is unexplained.	* Symptom-free for 48 hours OR with orders from doctor to school nurse.
<u>Skin rash or open sores:</u>	* Symptom-free , which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
<u>Red eyes with eye discharge:</u> yellow or brown drainage from the eyes	* Symptom-free , which means redness and discharge are gone OR with orders from doctor to school nurse.
<u>Jaundice:</u> new yellow color in eyes or skin	* After the school has orders from doctor or local public health authority to school nurse.
<u>Acting differently without a reason:</u> unusually sleepy, grumpy, or confused.	* Symptom-free , which means return to normal behavior OR with orders from doctor to school nurse.
<u>Major health event,</u> like an illness lasting 2 or more weeks OR a hospital stay OR Student's health condition requires more care than school staff can safely provide	* After the school has orders from doctor to school nurse AND after measures are in place for student's safety. Please work with school staff to address special healthcare needs so student may attend safely.

ONLY A LICENSED HEALTH CARE PROVIDER CAN DETERMINE A DIAGNOSIS AND/OR PRESCRIBE TREATMENT AND PROVIDE INSTRUCTIONS REGARDING THE STUDENT'S RETURN TO SCHOOL.

Please contact the District Nurses Office if you have questions or concerns about a student.