




Dr. Karen Gray, Superintendent

WHEN SHOULD A CHILD STAY HOME FROM SCHOOL OR BE SENT HOME FROM SCHOOL?

The list below gives school instructions, not medical advice. Please contact your health care provider with health concerns.

Please see the 2nd page of this document for COVID-19 Guidelines

GENERAL SYMPTOMS OF ILLNESS	STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 Headache: with stiff neck or with fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions if fever is present.
 Diarrhea: 3 loose or watery stools in one day OR newly not able to control bowel movements	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
 Vomiting: one or more episode that is unexplained.	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
Skin rash or open sores:	*Symptom-free , which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
Red eyes with eye discharge: yellow or brown drainage from the eyes	*Symptom-free , which means redness and discharge are gone OR with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.
Acting differently without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free , which means return to normal behavior OR with orders from doctor to school nurse.
Major health event , like an illness lasting 2 or more weeks OR a hospital stay OR Student's health condition requires more care than school staff can safely provide	*After the school has orders from doctor to school nurse AND after measures are in place for student's safety. Please work with school staff to address special healthcare needs so student may attend safely.

ONLY A LICENSED HEALTH CARE PROVIDER CAN DETERMINE A DIAGNOSIS AND/OR PRESCRIBE TREATMENT AND PROVIDE INSTRUCTIONS REGARDING THE STUDENT'S RETURN TO SCHOOL.

Please contact the District Nurses' Office if you have questions or concerns about a student.

COVID-19 Guidance

We partner with the local public health authority to manage COVID-19.

If LCSD staff or student have:	DO THIS:
<ul style="list-style-type: none"> • Tested positive for COVID-19 OR • Two or more primary symptoms of Covid-19: <ul style="list-style-type: none"> • Fever 100.4 or higher, cough, chills, difficulty breathing, new loss of taste or smell 	<ul style="list-style-type: none"> • Stay Home for five full days AND • Return when fever-free for 24 hours without the use of fever-reducing medication and other symptoms have improved. • Individuals should strongly consider and it is highly recommended to wear a well-fitting mask around others at home and in public for 5 additional days (day 6 through day 10) after the end of the 5-day isolation period.
<p>If Non-primary Covid-19 symptoms persist greater than one day:</p> <p style="text-align: center;"><u>Non-primary Covid-19 symptoms:</u></p> <ul style="list-style-type: none"> • Fatigue, muscle or body aches, headache, sore throat, nasal congestion or runny nose, nausea or vomiting, diarrhea 	<p>Consider evaluation by healthcare provider to determine if viral testing is advised.</p>
<p>IF You Have Isolated Fever only:</p> <ul style="list-style-type: none"> • Temperature by mouth of 100.4°F or Higher 	<p>Stay Home Until: Fever-free for 24 hours without taking fever-reducing medicine.</p>
<p>IF You Have: New cough only OR New difficulty breathing (NOT chronic)</p>	<p>Stay Home Until: Symptom-free for 24 hours</p> <ul style="list-style-type: none"> • If diagnosed with pertussis (whooping cough), the student must take 5 days of prescribed antibiotics before returning.

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