

**Lincoln County
School District
Newport Middle
Lunch Menu**



**October
2021**



Daily Deli Specials

Monday: Ham & Cheese Sub
Tuesday: Crispy Chicken Salad
Wednesday: Chef Salad
Thursday: Tuna Salad Sandwich (local tuna)
Friday: Italian Sub Sandwich
 (All Salads Served with WG Roll)

Weekly Pizza Choices

Week 1 Pepperoni Pizza & Cheese (v)
 Week 2 Supreme Pizza & Cheese (v)
 Week 3 Pepperoni & Cheese (v)
 Week 4 Supreme & Veggie (v)
 Early Release no Pizza on Wednesdays



(Pizza is Subject to Availability of Pizza Crust!!)



Mon, Wed & Fri

Cheeseburger, Hamburger & Veggie Burger

Tues & Thurs

Chicken Burger & Spicy Chicken Burger

All Hot Sandwiched Served w/Oven Baked French Fries or Tater Tots



Part-time Kitchen Help Wanted.
Flexible Hours. Students can get paid to work on campus

SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Oranges, Garden Salad Greens & Low Fat or Fat Free Milk

<p>Daily Specials</p>	<p><i>Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Lean Protein, Low-Fat & Fat-Free Milk.</i></p> <p>Students must choose 3 of 5 components, one being ½ cup fruit or vegetable</p> <p>All Students Eat Breakfast & Lunch at No Charge</p>			
				<p>1 Homemade Sloppy Joes w/Oven Baked Tater Tots Cookie Day</p>
<p>4 Bean & Cheese Burrito w/Salsa & Sour Creams</p>	<p>5 Pork Posole w/Tortilla Chip</p>	<p>6 Hot Dog on WW Bun w/Potato Chips</p>	<p>7 Turkey Gravy over Mashed Potatoes w/WW Rolls</p>	<p>8 No School Professional Development</p>
<p>11 Chicken TotCho's w/Twisted Rip Sticks</p>	<p>12 BBQ Chicken Sandwich on WG Bun</p>	<p>13 Cheesy Breadsticks w/Tomato Soup</p>	<p>14 Spaghetti w/Plant Based Sauce</p>	<p>15 Oven Baked Corn Dog w/Tater Tots</p>
<p>18 Teriyaki Chicken Rice Bowl</p>	<p>19 Cheesy Breadsticks w/Marinara</p>	<p>20 BBQ Pulled Pork Sandwich on a Bun</p>	<p>21 No School Conferences</p>	<p>22 No School Conferences</p>
<p>25 Meatball Sub w/Oven Baked Fries</p>	<p>26 Crispy Chicken Nuggets w/Fries</p>	<p>27 Oven Baked Corn Dog w/Tater Tots</p>	<p>28 Homestyle Macaroni & Cheese w/Aztec Corn</p>	<p>29 Homemade Sloppy Joes w/Oven Baked Tater Tots</p>

This institution is an equal opportunity provider
Menu Subject to Change

