

**Lincoln County
School District
High School Lunch
Menu**



**October
2021**

FAST TAKES

Daily Deli Specials

Monday: Ham & Cheese Sub
Tuesday: Crispy Chicken Salad
Wednesday: Chef Salad
Thursday: Tuna Salad Sandwich (local tuna)
Friday: Italian Sub Sandwich
 (All Salads Served with WG Roll)

Weekly Pizza Choices

Week 1 Pepperoni Pizza & Cheese (v)
 Week 2 Supreme Pizza & Cheese (v)
 Week 3 Pepperoni & Cheese (v)
 Week 4 Supreme & Veggie (v)
 Early Release no Pizza on Wednesdays

(Pizza is Subject to Availability of Pizza Crust!!)

PIZZA

GRILL

Mon, Wed & Fri
 Cheeseburger, Hamburger & Veggie Burger

Tues & Thurs
 Chicken Burger & Spicy Chicken Burger

All Hot Sandwiched Served w/Oven Baked French Fries or Tater Tots



Part-time Kitchen Help Wanted.
Flexible Hours. Students can get paid
to work on campus

SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Oranges, Garden Salad Greens & Low Fat or Fat Free Milk

Daily Specials

FAVORITES

Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Lean Protein, Low-Fat & Fat-Free Milk.

Students must choose 3 of 5 components, one being ½ cup fruit or vegetable
All Students Eat Breakfast & Lunch at No Charge

		1 Homemade Sloppy Joes w/Oven Baked Tater Tots Cookie Day
4 Bean & Cheese Burrito w/Salsa & Sour Creams	5 Pork Posole w/Tortilla Chip	6 Hot Dog on WW Bun w/Potato Chips
7 Turkey Gravy over Mashed Potatoes w/WW Rolls	8 No School Professional Development	11 Chicken TotCho's w/Twisted Rip Sticks
12 BBQ Chicken Sandwich on WG Bun	13 Cheesy Breadsticks w/Tomato Soup	14 Spaghetti w/Plant Based Sauce
15 Oven Baked Corn Dog w/Tater Tots	18 Teriyaki Chicken Rice Bowl	19 Cheesy Breadsticks w/Marinara
20 BBQ Pulled Pork Sandwich on a Bun	21 No School Conferences	22 No School Conferences
25 Meatball Sub w/Oven Baked Fries	26 Crispy Chicken Nuggets w/Fries	27 Oven Baked Corn Dog w/Tater Tots
28 Homestyle Macaroni & Cheese w/Aztec Corn	29 Homemade Sloppy Joes w/Oven Baked Tater Tots	

This institution is an equal opportunity provider
Menu Subject to Change

