

LINCOLN COUNTY SCHOOL DISTRICT
2021-2022
ATHLETICS & ACTIVITIES HANDBOOK



NEWPORT CUBS



TAFT TIGERS



TOLEDO BOOMERS



WALDPORT IRISH

Mission of LCSD Athletics and Activities

We believe athletics and activities in the Lincoln County School District focus on encouraging all programs to create a positive culture and community by developing character, sportsmanship, work ethic, and pride for all participants.

Core Values:

Character Development

Sportsmanship

Work Ethic

Pride

Community Involvement

CONTEST

- A: The arrangement of all meets, contests, or tournaments is the responsibility of the school administrator.
- B: The school administrator shall be responsible for the conduct of all students from the school during any festival, meet, contest, or tournament.

TRIPS

- A: The school administrator is responsible for all acts of the participating team(s) or school group(s) while on trips.
- B:
 - 1. An employee of the Lincoln County School District shall accompany all individuals, teams, or school groups participating in an approved activity.
 - 2. The employee accompanying the individual, team, or school activity group to a festival, meet, contest, or tournament will exercise the utmost care in the supervision of said individual, team, or school group.
 - 3. The employee and school bus driver will work together to assure appropriate student conduct while on the bus.
- C: Return travel from an away contest is to be provided by the team or a player's parent/guardian. A note that informs the coach that a parent/guardian will be transporting their student and that has been approved by the Principal, Vice Principal or Athletic Director should be given to the coach by the parent after the contest. *Coaches: Keep the note until at least the next day to ensure that everyone made it home safe and sound.* Coaches may also use a "check-out sheet" in lieu of a note. A parent/guardian must sign out their student. In either case, prior to leaving the contest, the coach must actually speak with the parent to confirm that he/she is who the student is being released to and not another student or friend is driving. In extreme circumstances, a parent/guardian may need to have another team parent/guardian transport their child. This arrangement and driver approval must be agreed to and signed in writing by administration prior to departing on the trip. Student-athletes are not allowed to drive or ride to "away" contests.

ACTIVITY PARTICIPATION

A. A student who is eligible to participate in co-curricular activities is one who:

1. Meets the minimum standard for academic eligibility as set by the OSAA and meets all requirements of their attending school. Please see individual school requirements posted on each school's website and contact the school's athletic department with any questions
2. Is home schooled and is in compliance with all laws and rules governing home schooling and meets all district and association eligibility requirements other than district or association class attendance requirements. Any transfer from private or public school to home school that takes place during the school year will make the student ineligible unless there is a move of the parents. The home school student shall notify the local education service district (ESD) within ten days of withdrawal from the public school and prior to the first day of the school year (i.e. OSAA Ruling: A growing number of students at the 12th grade level who do not need a full schedule to graduate and are simply jumping into home school thinking they can continue with their eligibility - they cannot make that change in schools during the school year.)
3. Is enrolled full-time in Edmentum or Early College and passing all classes. The Athletic Director will review special circumstances on an individual basis.
4. For incoming freshmen Academic Eligibility requirements take effect at the first six week grading period.

B: Any LCSD student who is deemed ineligible to participate in athletics, withdraws from school, and enrolls as a homeschool student, will remain ineligible for the remainder of that academic year. Homeschool student eligibility is outlined in section A-2 above.

C: All student participants, including middle school and high school students, are governed by academic requirements and the Code of Ethics, and a current student signed copy of the Code of Ethics is to be on file.

D: If a student is ineligible, he/she may practice with the team, but may not participate in contests, dress down, or travel with the team to contests if such travel requires the student to miss any school time.

APPEAL PROCESS for Ineligibility

- A: The purpose of the appeal process is to create continuity in dealing with activities within Lincoln County School District.
- B: The appeal process for activity eligibility is open to students and parents who are not satisfied with a decision made at the building level.
- C: Appeal Procedures
- a. School principals shall provide the appropriate appeal form to any concerned party.
 - b. An appeal form is to be completed in writing.
 - c. Appeals to the consequences listed in this Code (IGD-AR) will be filed with the building principal of the offending student's school. Students and representatives of students will be awarded the right to participate at all levels of the appeal process. Chemical Health appeals will be filed directly with the Superintendent. The Superintendent will reply in writing to the complainant and Building Administrator within five calendar days once the Superintendent has made a decision. The Superintendent's decision is final.

COACHES

1. Coaches shall be approved by the school administrator for each season. They must possess the personal and professional characteristics necessary to assure high standards of leadership and instruction. When regularly certificated teachers are not available, qualified community members may only be employed to coach by following the established Lincoln County School District employment procedures prior to supervising students. Volunteer coaches may be approved by the school principal to assist the coach after completion of the established procedures for volunteering.
2. The building administrator who contracts coaches from other schools will be responsible for budgeting needed substitutes.
3. Coaches for athletic and non-athletic activities (coordinator) must be approved per LCSD policy GCK/GDK-AR and assigned by the Principal on a seasonal basis.
4. **All coaches, including volunteer coaches, must be ASEP or NFHS certified and possess a current First Aid Card prior to beginning of coaching duties.** All coaches must also meet OSAA coaching requirements.
5. If the team coach has additional team rules other than those listed in this administrative rule, the rules shall be printed, approved by the athletic director, building principal, and the District Athletic Director prior to the beginning of the season.

OFFICIALS

1. A school shall use only persons registered and certified by the appropriate state organization (OSAA) for purpose of officiating interscholastic contests at all levels.
2. A school official shall be responsible before, during, and after a contest or meet for the proper conduct of its coaches, athletes, students, and other spectators.
3. Only a certified official may start and end a contest.

ATHLETIC / ACADEMIC AWARDS

Participants who qualify will be awarded the school letter for a first award in each sport. Letters are to be no larger than 8", recommended 6". Subsequent awards are to be certificates in lieu of a letter.

High School Varsity Awards

Varsity squad participants, who do not meet letter qualifications, will be awarded appropriate certificates for their participation. A student may receive items of recognition other than customary awards when these are of symbolic nature without resale value such as school's athletic letter, medals, ribbons, certificates, plaques, trophies and other emblems (See OSAA Regulations Rule 8-4-1).

Sub-Varsity Awards

The members of the "Sub-Varsity" teams, who are recommended for honors, will be presented with suitable certificates. This may include athletes who participate as members of a JV, JV2, or a freshman team.

PHYSICAL EXAMINATIONS

Students must have a physical examination performed by a physician, licensed by the Oregon State Board of Medical Examiners, or a nurse practitioner, licensed by the Oregon State Board of Nursing, prior to practice and competition in athletics. A completed physical form provided by LCSD shall be signed by a physician or nurse practitioner before the student can participate in practices or contests. The OSAA approved physical form must be used.

The physical, required in grades 7, 9, and 11 will be valid for no more than two (2) years from the anniversary date of the physical when the activity is in progress, the physical will remain valid until the end of the season. (See appendix for sample forms.)

In addition, physical examinations shall be given:

1. When a student is new to the school district and has not had the required Oregon Medical examination or its equivalent.
2. When the student has undergone major surgery in the intervening period between scheduled examinations.

Annual physical examinations are required in the following situations as specified by the physician:

1. When the student has been given a diagnosis of a significant disease process or illness.
2. When the student has an ongoing significant disease process or chronic illness.

Significant disease processes or illnesses include, but are not limited to:

- 1.Epilepsy
- 2.Asthma
- 3.Diabetes
- 4.Chronic heart disease, including heart murmur.
- 5.Severe allergy

MEDICAL PROTOCOL

Medical protocol pertaining to contests at the seventh grade level and above are not required, however, it is highly recommended that person(s) responsible for basic first aid have the following information in the first aid kit:

- 1.The location of the nearest available telephone.
- 2.The location of the nearest medical facility.
- 3.Pertinent emergency telephone numbers.
- 4.The location of medical records of the participants. The coach shall be made aware of pertinent medical emergencies that might arise concerning individual athletes. It is strongly recommended that this information be in the coaches' possession at each practice and contest.
- 5.Provision for notification of the parent or guardian of an injured student.

REPORTING AN INJURY

When a student-athlete is referred to a medical professional for an injury that requires medical attention, the injured athlete will not be allowed to participate in that sport or any other sport until a written release from a medical provider is submitted to the Athletic Director, Building Administrator, and Health Assistant. Questions in regards to clearance should be directed to the parent.

PARTICIPATION FOLLOWING AN INJURY

When a student's participation in a practice or contest is interrupted due to an apparent injury, the coach in charge will examine the student to determine the extent of the injury and whether or not further participation will be injurious to his/her health. If the coach is unable to make a decision, the student shall not be allowed further participation until examined and released by a licensed physician.

When an athlete is removed from a practice or contest because of an injury or receives medical attention for an injury, the coach must file an accident report by the next school day.

MEDICAL RELEASE

When a participant is referred to a medical doctor (licensed physician) for an injury that requires medical attention, the participant will not be allowed to participate in that sport or any other sport until a written release is submitted to the school activities coordinator from the medical doctor (licensed physician). (See form PP-96)

INSURANCE

A student who participates in athletics must be covered by an insurance policy that must be signed off once each season: School athletic insurance or a family insurance plan.

The school insurance plan is available for purchase at the local school office.

ATHLETIC/CO-CURRICULAR PROGRAM PARTICIPATION

Participation in athletics and extra-curricular activities is regulated as follows:

1. There shall be no school sponsored athletic program for students in grades 1 through grade 6.
2. Students in grades 7 through 12 may participate in co-curricular athletics, if offered by their school.
3. All prospective participants are required to complete an annual code of ethics form prior to practice and/or competition.
4. All prospective participants must have a parent, guardian, or other adult advocate participate in the adult component of the Chemical Health Program and acknowledge, understand, and agree to the student code of ethics.
5. All participants must have a valid OSAA physical examination form on file with the Athletic Director prior to engaging in practice sessions or competition.
6. Athletes must meet OSAA, academic, policy, and school eligibility requirements.
7. All athletes must meet financial obligations or have a payment plan prior to participation.
8. Transfers from one sport to another shall involve the student who shall provide a written request for the transfer with parent or guardian signature, the approval of both head coaches involved, the Athletic Director and the Principal.
9. All LCSD issued uniforms and equipment must be returned within one week of the complete of the season.

ATTENDANCE

Student-Athletes and Activities participants are expected to regularly attend class.

Game Days: Student-Athletes and Activities participants are expected to be in attendance for all scheduled classes on the day of a competition or event. An absence may be excused if prearranged for reasons deemed sufficient by an administrator in accordance to LCSD attendance policy. If the student-athlete fails to attend all classes on the day of a competition or event they shall be ineligible for that day's activity. A note from a medical provider clearing the student to participate is required for all medical appointments.

Non Game/Activity Days: Students-Athletes and Activities participants are expected to be in attendance for all scheduled classes on non-activity school days unless excused by a parent or guardian. This excused absence must comply with LCSD attendance policy. If a student-athlete has an unexcused absence on a non-activity school day they will be ineligible to participate in that day's practice. A note from a medical provider clearing the student to participate is required or all medical appointments.

EXCUSES DURING THE SCHOOL DAY

The excusing of athletes for participation during the school day should be discouraged. However, when such an absence from class is necessary, affected teachers and the attendance clerk will be notified by the start of school on the day preceding the anticipated absence. This roster is to be prepared by the coach involved.

Athletes who are to be excused from classes for participation in a contest are to be fully informed by their coach of their obligations to be prepared for full participation in class work on the day of return to class.

SCHEDULING

Scheduling of games and contests will be accomplished by the building Athletic Director and approved by the building principal.

Every effort will be made to schedule no more than two (2) games or competitions in any school week. Exceptions may be necessary.

When student interest is strong, an athletic program may be offered in grades 7 through grade 12, provided that it is within the established district program and guidelines and the Superintendent. Factors to consider are student interest and level of competency, availability of facilities, equipment, personnel, travel distances and availability of competition.

PRACTICES

Practice sessions should be held in an area appropriate to the activity. The time of day and the length of the practice should be set in advance. Awareness of mental and physical stress of the participants should be used to establish the length and the practice.

Regular practice sessions of a prescribed length, beginning and ending times, are to be the rule. Coaches will hand out the practice schedule for the entire season to all participants on the first day of practice.

In general, practice sessions are not held on Sunday.

Deviations from the regular practice schedule, including during times of holidays, non-school days and breaks, for an activity must be made known to the Athletic Director, a building administrator, parents/guardians, and athletes a reasonable amount of time prior to the change.

GAME PASSES

The only passes accepted countywide at activities and athletic contests are:

Superintendent/Administrator Passes, Appropriate League Passes
OSAA Gold Passes, and Senior Activity Passes (LCSD Policy DFEA)

Only the resident high school administrator may issue high school home game passes which are restricted to resident school home games.

TRANSPORTATION

If District Transportation is used, the arrangements for transportation of athletic teams will be made upon request by the building activities coordinator as approved by the principal.

School vehicles must be used on trips whenever practical. Commercial transportation will be utilized for long trips only when approved by the Business Director.

MEAL STOP GUIDELINES

If there is to be a meal stop, the meal stop will be pre-arranged with the Athletic Director and prior parent notification will take place.

GUIDELINES GOVERNING EATING ON LCSD BUSES

There are three problems associated with eating on a school bus. The first is a very real possibility of choking or other incidents while eating. The second problem is the possibility of injury from broken glass if glass containers for drinks are used. The other involves the mess left on the bus. Common sense, good judgment, communication, and good planning should prevent any problems from occurring.

The person in charge of the group taking the trip will discuss the planned itinerary with the driver before departure. At that time, the need for meal stops should be determined. If stops are not possible, provisions can be made for planned, organized, non-messy sack lunches, with non-breakable drink containers.

Responsibility for distribution of the lunches and collection of the trash falls upon the person responsible for the group. If the bus is not left clean after the trip, a clean-up fee will be charged.

If rest stops are made at fast food or convenience markets, purchases should be consumed there. If that is not possible, the above requirements apply to the food purchased there.

ATHLETIC PARTICIPATION FEES

Every approved activity, regardless of sponsorship (i.e. district, booster club or individual) must collect appropriate participation fees per participant as stated below.

Fee Assessment:

There will not be fees charged for the 2021-2022 participation year for one sport/activity per season. A student athlete choosing to dual sport participate will be required to pay the \$125 fee for the second sport within that same season (i.e. volleyball and soccer, etc.). Normal scholarship procedures will still apply.

Participation Fee Refunds for Dual Sport:

A student may receive a refund if:

- 1.The student is "cut" from a squad by a coach at any time during the season because of skill level and/or a need to reduce the size of the squad. The student will **receive a full refund**.
- 2.The student leaves the squad for any valid reason as determined by the principal. The student will be refunded a portion of the fee based on the number of days of participation as compared to the number of days in the season.

A student will not receive a refund if:

- 1.The student quits participating in the activity.
- 2.The student is removed from the sport because of ineligibility caused by failure to maintain appropriate grades, violation of training or school rules, or Code of Ethics violations.

HIGH SCHOOL DANCES

High School (9 – 12) dances are open to LCSD high school students and their approved guests who are in high school or equivalent and can validate that they are in good standing on the date of the dance:

- on regular attendance (not suspended or expelled)
- in attendance (per policy) during the regular school day the day the dance is held
- guest must be initially cleared by the host school building principal one week prior to the dance date and provide proof of good standing the night of the dance.
- current with all fees and charges

High School dances will be held either one-half hour after a High School event or starting at 8:00 p.m. and over at 11:00 p.m.

HOMECOMING AND PROM

Homecoming and the Senior Prom allow for resident high school students in good standing to attend and seek administrator approval for high school students or equivalent in good standing or an escort who is not in high school who is twenty years of age or younger:

- if guest is a high school student he/she must be in good standing and providing proof of same the night of the dance
- not having been suspended or expelled from high school
- in regular attendance at their respective high school or equivalent
- if not in high school, must show acceptable proof (photo ID) verifying age is 20 years or younger and beyond middle school attendance prior to guest pass being approved
- all guests passes are approved or denied by the respective building administrator at his/her discretion
- Principal's initial ruling must be made one week prior to the dance.

The building principal has authority to deny any student or guest access to a school dance or campus.

People attending a school function or on school grounds at any time are to leave campus when told to do so or suffer the consequences associated with arrest and no trespass.

All chaperones must comply with criteria in LCSD Volunteer Code: IICC. Paperwork must be accepted by Department of Human Resources a week prior to the activity/dance.

LINCOLN COUNTY SCHOOL DISTRICT

ATHLETIC AND ACTIVITIES CODE OF ETHICS: GRADES 7-12

- A.Introduction
- B.Eligibility
- C.Physicals
- D.Insurance
- E.Equipment Responsibility
- F.Attendance at School
- G.Attendance at an Activity Practice
- H.Ejection Fines
- I.Consequences for Alcohol/Drugs and Tobacco
- J.Understanding and Agreements

A.INTRODUCTION

It is a privilege to participate in co-curricular activities during my attendance at a Lincoln County School District middle school or high school. I agree to obey the following regulations set up by the Oregon School Activities Association and LCSD policy. I understand that I am responsible for following the Code of Ethics for Students Participating in School Activities at all times, and am subject to the penalties outlined in the Code of Ethics, whether or not I am currently

participating in activities or athletics. This includes off-season and all vacation times.

B.ELIGIBILITY

Students must meet the minimum standard for academic eligibility as set by the OSAA and meet all requirements of their attending school. Please see individual school requirements posted on each school's website and contact the school's athletic department with any questions.

If the team coach has additional team rules, the rules shall be printed, approved by the athletic director, building principal, and Superintendent or District Athletic Director prior to the start of the season, and then signed off by the participant within 24 hours of student practicing or competing.

If the building principal believes an ineligible student is demonstrating diligence and effort in their classes he/she may request the District Athletic Director to follow local league and OSAA academic appeal processes.

None of the eligibility requirements supersede any reference or requirements for eligibility spelled out in a student's Individual Education Plan in making progress on goals.

C.PHYSICALS

Students must have a physical examination performed by a physician, licensed by the Oregon State Board of Medical Examiners, or a nurse practitioner, licensed by the Oregon State Board of Nursing, prior to practice and competition in athletics. A completed and current physical form provided by LCSD and approved by OSAA shall be signed by a physician or nurse practitioner before the student can participate in practices or contests.

D.INSURANCE

Students who participate in activities must be covered by an insurance policy prior to practice and competition:

School athletic insurance plan or by a family's personal insurance plan. The district and/or school are not responsible for injuries and expenses, which result from participation. If the family plan insurance lapses during participation in an activity, it is the parent/guardian responsibility to acquire other insurance.

E.EQUIPMENT RESPONSIBILITY

Students are responsible for all school activity equipment issued to the student, and the equipment will be returned in good condition and on time. Students are expected to pay replacement costs for any equipment lost or damaged. Students are not be allowed to participate in any further activities until all equipment from the preceding activity has been returned.

F. ATTENDANCE AT SCHOOL

Students will attend all scheduled classes on the day of a competition or event. An absence may be excused only if prearranged for reasons deemed sufficient by an administrator and within the LCSD attendance policy. Failure to attend all classes on the day of a competition or event will result in the student being ineligible for that day's activity. Any student attending a medical appointment on the day of a practice or competition must have a signed note from the provider

clearing him/her for activity.

Students are expected to be in attendance for all scheduled classes on non-game days (practice) unless the absence is excused in accordance to LCSD policy and the office is notified by a parent or guardian. Students with an unexcused absence will be ineligible to participate in that day's practice.

G. ATTENDANCE AT AN ACTIVITY PRACTICE

Attendance is required at all mandatory practice sessions. If I am ill or unable to attend, I must notify the activity advisor or coach prior to the activity practice session. If I miss a practice/rehearsal and it is unexcused I may be unable to participate in the next scheduled activity. Two unexcused absences may lead to the removal from the activity.

H. EJECTION FINES

Ejection fines are the responsibility of the individual ejected, not the school. Ejection fines for coaches will be paid by the coach before he/she coaches in his/her next contest. Ejection fines incurred by student athletes will be paid by the student athletes before they participate in their next contest.

I. CONSEQUENCES FOR CHEMICAL HEALTH VIOLATIONS(Including but not limited to alcohol, vaping, tobacco, nicotine and other drugs.)

Applies to Any Violation At or Away From School. Includes not only the regular season & school year but also the off season, all vacations and whether a code of ethics has been signed or not. (24/7-365)

SELF-REFERRAL/HONESTY PROVISION

It is the intent of LCSD to assist students in developing responsibility for their actions. Therefore a student voluntarily reporting a personal violation of a rule in the Athletic Handbook may be permitted leniency. This student athlete may have their athletic suspension reduced to 20% of a sport season. A self-report **MUST** be initiated by a student-athlete to the Athletic Director or Principal within 24 hours of the infraction or by 4 pm of the next regularly scheduled school day. If a violation occurs during a holiday break or summer vacation a good faith effort should be made to contact the Athletic Director or Principal.

The student-athlete must come forward voluntarily to acknowledge violations of these policies regarding the use of drugs, alcohol, intoxicants, and tobacco prior to any investigation or other notification of school personnel or law enforcement agency. An investigation is defined as an attempt to validate an alleged violation of athletic department or school policy. The involvement of a law enforcement agency automatically constitutes an investigation. (Example: if the police are called to a party where alcohol is present, an investigation automatically begins). If the student invokes this provision the right to the appeal process is forfeited.

Under this provision, students must complete a Drug and Alcohol Assessment at their own expense. *Students must use a district-approved provider for the drug and alcohol assessment and follow all recommendations of the assessment to remain eligible.

This leniency for honesty will be applied only one time during a student-athlete's high school career.

VOLUNTARY ATTENDANCE AT PARTY OR EVENT IN VIOLATION OF DRUG AND ALCOHOL POLICY

Student-athletes found to have been voluntarily associating with others who are illegally using, possessing, or distributing drug paraphernalia or alcohol, and who do not attempt to remove themselves in a reasonable amount will be held accountable for an associated violation. This applies only to student-athletes who, though in attendance, **WERE NOT** using drugs or alcohol. This regulation applies to circumstances that take place **ON or OFF** school grounds and at **ANY TIME (see 24/7-365 clause above)**. It is not a violation if the student-athlete is present at places where alcohol is being legally consumed.

The consequences for the first violation of attending a party or event where drugs and/or alcohol are being used or possessed illegally shall be suspension from one contest. Any subsequent violations for attendance at such events shall result in suspension from competition as stated in the section below. (Alcohol/Drugs)

SANCTION REDUCTIONS

A Student-Athlete may reduce sanctions for their first Code of Conduct violation. No ineligibility will be entirely eliminated but a Student-Athlete that has been declared ineligible due to an Athletic and Activities Code of Conduct violation may reduce their ineligibility for their first Code of Conduct violation to a 10% ineligibility with completion of a 40 hour Community Service Project sponsored by an outside organization. The project should be created by the Student-Athlete and **MUST** be approved in advance by both the Athletic Director and Principal. Completion of project must be verified by the Athletic Director and sponsoring organization.

A student who turns out for another support and is able to subsequently fulfill their contest sanctions must remain in good standing with the team and complete the entire season.

Offense Ineligibility with 40 hours of Community Service	1st Offense Will sit out 10% of Contests	2nd Offense Suspension from participation for one Calendar year with a right to appeal to the Superintendent.
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I. CONSEQUENCES FOR Chemical Health Violations (Including but not limited to alcohol, vaping, tobacco, nicotine and other drugs.) **-Continued-**

1. ALCOHOL/DRUGS

I understand that if I receive a Minor in Possession (MIP), violate LCSD Code: JFCH/JFCI Alcohol and Other Drug Use and Code: JFC-AR Student Code of Conduct, or am in attendance where there is the illegal use of alcohol or other drugs, I will be subject to the following:

OSAA Participants/Student Council/ASB/Elected Officers/Elected and Selected Positions:

A. First Offense:

- i. Suspension from participation in the next competition for which they would have been eligible for thirty-three and one third percent (1/3) of the number of the scheduled regular season contests (with the remaining balance to carry over into post season or subsequent seasons) and/or 21 calendar day suspension from office;
- ii. Completion of a Drug and Alcohol Assessment at their own expense. *Students must use a district-approved provider for the drug and alcohol assessment and follow all recommendations of the assessment to remain eligible.
- iii. Reconcile with peers as determined in collaboration with coach/advisor.

B. All Future Offenses:

- i. ASB Members: Loss of ASB title. May remain in Leadership classes per approval.
- ii. Athletics and other Activities: Suspension from participation for one Calendar year with a right to appeal to the Superintendent.

Participants in any co-curricular OSAA sanctioned activities will be subject to the same consequences as student athletes or student council. Suspension from office includes suspension from all school sponsored extracurricular activities (i.e. sporting events, dances, and club activities).

2. TOBACCO, VAPING, AND NICOTINE

I understand that if I possess or use tobacco/nicotine/vape in any form and/or violate LCSD Policy GBK/JFCG/KCG: Tobacco Free Environment, I will be subject to the following penalties:

A. First offense: (No prior tobacco/nicotine/vape or chemical health violations)

- i. Suspension for ten percent of the number of the scheduled regular season contests (with the remaining balance to carry over into post season or subsequent season) and/or 10 calendar day suspension from office. Any suspension shall begin with the next activity/competition for which I am scheduled to participate.
- ii. Additional consequences outlined in the rules and regulations of LCSD Policy: GBK/JFCG/KGC may also apply.

B. Additional Offenses:

- i. Additional offenses will follow the steps outlined in Section I, Consequences for Chemical Health Violations.
- ii. Example: Students with one prior tobacco/nicotine/vape violation and no prior chemical health violations will be subject to the consequences outlined in Section I.
- iii. Additional consequences outlined in the rules and regulations of LCSD Policy: GBK/JFCG/KGC may also apply.

- C. Tobacco/Nicotine/Vape Violations for Students with Prior Chemical Health Violations:
- i. Students with previous Chemical Health Violations are not eligible for Tobacco/Nicotine/Vape consequences. They will be subject to the next consequence outlined in Section I: Consequences for Chemical Health Violations, as per their standing.

If I wish to run for student body office but have had one tobacco/nicotine/vape violation in the past twelve (12) months, prior to elections I am required to perform 10 hours of community service to be determined by the building administration. If I have had more than one tobacco/nicotine/vape violation in the past twelve (12) months, I am ineligible to run for office.

If I am in a position of leadership and violate the district tobacco/nicotine/vape policy I will be required to perform 10 hours of community service to be determined by the building administration. A second violation within the term of office will result in my removal from office.

J. UNDERSTANDING AND AGREEMENTS – SCHOOL PRIDE AND SPORTSMANSHIP

1. I understand that I not only represent the school and myself, but also a citizen of Lincoln County and a representative of my community. I will always conduct myself in a manner that will reflect well on my community and the activity programs of the Lincoln County School District. I understand that if my behavior reflects poorly on the activity group, school district, or community at large (e.g. law infraction, vandalism, frequent referrals, alcohol, tobacco, nicotine and other drug violations, poor sportsmanship, violations of the LCSD Social Media Guidelines and Expectations , etc.) I am subject to consequences including suspension from the activity for a defined period of time, or removal from the activity.
2. I understand that if I am suspended from school for any reason, I will be ineligible to participate in any school activity for the duration of the suspension. I also understand that as a current activity participant, I will be unable to participate in the next scheduled activity/competition after my suspension is concluded, this includes riding on the bus to the event, sitting with the team at the event or dressing down for the event. However, I will be allowed to participate during practice, per team rules. Alcohol, tobacco, nicotine, vape and other drug violations will be enforced as per Section I (1&2) of the code
3. I understand that I must complete the season in good standing in order to qualify for an activity award (i.e. letter or certificate).
4. I agree to follow the individual rules of any activity I participate in, as identified, in writing by the coach/advisor. I understand and will abide by the criteria established by the coach to earn a varsity letter award during the season.
5. I will comply with LCSD Weapons Code JFCJ. If it is determined a rule has been violated, disciplinary actions required by LCSD Policy IGD-AR may not be waived.

LINCOLN COUNTY SCHOOL DISTRICT
2020-2021
Athletics and Activities Student Code of Ethics

Signature Page

By signing this document, I _____ (Student Name) , indicate that I have knowledge, understanding and agreement to these standards, set forth in order for me to be afforded the privilege of representing _____ (School Name) as a student. I am also aware that any violation on my part, to any of these standards, shall result in the consequences contained within this policy.

Student Name _____
(Please Print clearly)

Student Signature _____ Date _____

By signing this document, I _____ (Parent/Guardian) , indicate that I have knowledge, understanding and agreement to these standards, set forth in order for my son/daughter to be afforded the privilege of representing _____ (School) as a student. I am also aware that any violation on the part of my child, to any of these standards, shall result in the consequences contained within this policy.

Parent/Guardian Name _____
(Please Print clearly)

Parent/Guardian Signature _____ Date _____

APPENDIX

GENERAL FORMS

Return to Participation

General Appeal

Academic Eligibility Appeal

LINCOLN COUNTY SCHOOL DISTRICT
RETURN TO PARTICIPATION FORM

TO BE COMPLETED BY STUDENT

NAME: _____ SCHOOL: _____

HOME ADDRESS: _____ PHONE: _____

GRADE: _____ BIRTH DATE: _____

PARENT'S NAME: _____

Injury (Illness) Information: _____

Time and Date of Injury: _____

Injured in Practice: _____ Game: _____ Other: _____

Activity/Sport: _____ Position Played: _____

Inst./Coach _____ Phone: _____

Description of Injury:

To Be Completed by Physician:

Diagnosis: _____

Recommendations:

No Restrictions (discharged) as of _____ Date: _____

No Practice or Play Until _____ Date: _____

Expected Return to Activity _____

Definite Date After Further Evaluation _____ Date: _____

Light Running ONLY. NO contract _____

Regular Practice, but NO Contact _____

Return for Further Care – NO _____ YES _____

OTHER

PHYSICIAN: _____

DATE: _____ **Phone:** _____

THIS FORM IS TO BE COMPLETED FOLLOWING AN INJURY OR ILLNESS.

Original – SchoolPP-96

Copy – Physician

LINCOLN COUNTY SCHOOL DISTRICT
GENERAL APPEAL FORM

NAME: _____ SCHOOL: _____ DATE: _____

PARENT/GUARDIAN NAME: _____ ADDRESS: _____

INSTRUCTIONS

Complete All Items

Identify the Policy Rule Being Appealed: _____

Attach a copy of current transcript.

Attach a copy of preceding report card.

Supporting Statements from Parents, School Personnel, and Others.

APPELLANT: A. Supply a detailed statement explaining the reason or reasons the appeal should be granted. Include dates, times and other necessary information.

BUILDING B. Record of Decision Date _____

Approved

Denied

Signature: _____

APPELLANT: C. State Why the Decision Should be reversed.

Student Services Admin: D. Record of Decision Date: _____

Approved

Denied

Signature: _____

Form Revised July 2014.

**LINCOLN COUNTY SCHOOL DISTRICT
Academic Eligibility Appeal**

Student's Name: _____ School: _____ Date: _____

Parent/Guardian Name: _____ Address: _____

Instructions

Complete all items. Attach a copy of preceding report card and transcript.

CLASS GRADE EXPLANATION

APPELLANT: B. In the space below or on the reverse side, indicate (a) How you plan to improve your academic performance, and/or (b) How the Academic Assistance Program would be of benefit to you.

BUILDING: C. Record of Decision Date: _____

Approved Denied

Signature: _____

APPELLANT: D. State Why the Decision Should be Reversed.

Student Services Admin: E. Record of Decision Date: _____

Approved Denied

Signature: _____

Form Revised June 2014.