

LCSD

Secondary Menu



May 2021

CURBSIDE !! PLEASE NOTE: IF YOUR CHILD IS ATTENDING IN CLASSROOM INSTRUCTION YOU MAY NOT PICK UP CURBSIDE MEALS FOR THIS STUDENT. STUDENTS ATTENDING IN CLASS INSTRUCTION WILL BE SENT HOME MEALS FOR NON-CONTACT DAYS.

Breakfast Includes: Selection of Canned or Fresh Fruit or Vegetable, Whole Grains and Low-Fat or Skim White Milk

Lunch & Supper Include: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Protein and Low-Fat & Fat-Free Milk

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Meal Sent Home on Tuesdays			1
	<p>Sandwich Menu Monday: Ham & Cheese Sandwich Tuesday: Italian Sub Wednesday: American Sub Thursday: Turkey & Cheese Sandwich Friday: Tuna Sandwich</p>				<p>Salad Menu Monday: Chef Salad Tuesday: Chicken Caesar Salad Wednesday: Garden Salad Thursday: SW Taco Salad Friday: Crispy Chicken Salad</p>	
2	3	4	5 Meal Sent Home on Tuesdays	6	7	8
	<p>Breakfast: French Toast Sticks Lunch: Chicken Nuggets w/ Oven Baked Fries & WW Roll Meatless Option: Fruit & Veggie Munchable w/Tortilla Chips Supper: Cheesy Breadsticks w/Marinara</p>	<p>Breakfast: Oatmeal Chocolate Chip Breakfast Round Lunch: Chicken Quesadilla Meatless Option: Cheese Quesadilla Supper: Cheeseburger on WW Bun</p>	<p>Breakfast: Quaker Oat Cereal Bar w/String Cheese Lunch: (Meatless) Rainbow Chili w/WW Roll Supper: Turkey & Cheese Sandwich</p>	<p>Breakfast: Cold Cereal w/WW Toast Lunch: Corn Dog Meatless Option: Bean & Cheese Taco Salad Supper: Chicken Nuggets w/WW Roll</p>	<p>Breakfast: Cinnamon Bagel Lunch: Cheeseburger on WW Bun w/Oven Baked Fries Meatless Option: Pasta Cheese Sandwich on WW Toast Supper: Bean & Cheese Burrito</p>	
9	10	11	12 Meal Sent Home on Tuesdays	13	14	15
	<p>Breakfast: Cold Cereal w/WW Toast Lunch: Chicken & Waffles Meatless Option: Cheese & Veggie Wrap Supper: Oven Baked Corn Dog</p>	<p>Breakfast: Ham & Cheese Muffin Lunch: Turkey Gravy over Mashed Potatoes w/WW Roll Meatless Option: Cheese Quesadilla Supper: Beef & Cheese Tacos</p>	<p>Breakfast: Oatmeal w/WW Toast Lunch: American Sub Sandwich Meatless Option: Cheese Sandwich Supper: Chicken Burger on WW Bun</p>	<p>Breakfast: Oatmeal Chocolate Chip Breakfast Round Lunch: Pepperoni Pizza Meatless Option: Cheese Pizza Supper: Rainbow Chili w/WW Roll</p>	<p>Breakfast: Blueberry Muffin Lunch: (Meatless) Cheesy Breadsticks w/Marinara Supper: Hamburger on WW Bun</p>	
16	17	18	19 Meal Sent Home on Tuesdays	20	21	22
	<p>Breakfast: Tony's Breakfast Pizza Lunch: Chicken Potato Bowl w/WW Roll Meatless Options: Fruit & Veggie Munchable w/Tortilla Chips Supper: Bean & Cheese Burrito</p>	<p>Breakfast: Cold Cereal w/WW Toast Lunch: BBQ Chicken Sandwich on WW Bun Meatless Option: Bean & Cheese Burrito Supper: Corndog</p>	<p>Breakfast: Oatmeal w/WW Toast Lunch: Chicken Burger Meatless Option: Cheese Sandwich Supper: Soft Chicken Taco</p>	<p>Breakfast: Cold Cereal w/WW Toast Lunch: (Meatless) Grilled Cheese Sandwich w/Tomato Soup Supper: Turkey & Cheese Sandwich</p>	<p>Breakfast: Bagel w/Cream Cheese Lunch: Creamy Chicken Alfredo Meatless Option: Pasta Alfredo w/WW Roll Supper: Cheesy Breadsticks w/Marinara</p>	
23	24	25	26 Meal Sent Home on Tuesdays	27	28	29
	<p>Breakfast: Ham & Cheese Muffin Lunch: (Meatless) Pretzel w/Cheese Sauce Supper: Hamburger on WW Bun</p>	<p>Breakfast: Cold Cereal w/WW Toast Lunch: Chicken Burrito Bowl Meatless Option: Rice & Bean Burrito Bowl Supper: Hot Dog on WW Bun</p>	<p>Breakfast: Mini Maple Waffles Lunch: American Sub Sandwich Meatless Option: Cheese Sandwich Supper: Rainbow Chili w/WW Roll</p>	<p>Breakfast: Cold Cereal w/WW Toast Lunch (Meatless) Peachy Parfait w/Granola Supper: Corn Dog</p>	<p>Breakfast: Cinnamon Bagel Lunch: (Meatless) Homestyle Macaroni & Cheese Supper: Ham & Cheese Sandwich</p>	WG=Whole Grain WW=Whole Whet

String Cheese or WW Toast is included with Cold Cereal for Breakfast
Menu is Subject to Change

This institution is an equal opportunity provider