

LCSD

Elementary Menu



May

2021

CURBSIDE !! PLEASE NOTE: IF YOUR CHILD IS ATTENDING IN CLASSROOM INSTRUCTION YOU MAY NOT PICK UP CURBSIDE MEALS FOR THIS STUDENT. STUDENTS ATTENDING IN CLASS INSTRUCTION WILL BE SENT HOME MEALS FOR NON-CONTACT DAYS.

Breakfast Includes: Selection of Canned or Fresh Fruit or Vegetable, Whole Grains and Low-Fat or Skim White Milk

Lunch & Supper Include: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Protein and Low-Fat & Fat-Free Milk

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Meal Sent Home on Tuesdays			1
	<p>Sandwich Menu</p> <p>Monday: Ham & Cheese Sandwich Tuesday: Italian Sub Wednesday: American Sub Thursday: Turkey & Cheese Sandwich Friday: Tuna Sandwich</p>					
2	3	4	5 Meal Sent Home on Tuesdays	6	7	8
<p><i>Vegetarian Lunch Options are Available Everyday Upon Request.</i></p> <p><i>Vegetarian Menu Available</i></p>	<p>Breakfast: French Toast Sticks</p> <p>Lunch: Chicken Nuggets w/WW Roll</p> <p>Supper: Cheesy Breadsticks w/Marinara</p>	<p>Breakfast: Oatmeal Chocolate Chip Breakfast Round</p> <p>Lunch: Chicken Quesadilla</p> <p>Supper: Cheeseburger on WW Bun</p>	<p>Breakfast: Quaker Oat Cereal Bar w/String Cheese</p> <p>Lunch: Rainbow Chili w/WW Roll</p> <p>Supper: Turkey & Cheese Sandwich</p>	<p>Breakfast: Cold Cereal w/WW Toast</p> <p>Lunch: Corn Dog</p> <p>Supper: Chicken Nuggets w/WW Roll</p>	<p>Breakfast: Cinnamon Bagel</p> <p>Lunch: Cheeseburger on WW Bun</p> <p>Supper: Bean & Cheese Burrito</p>	
9	10	11	12 Meal Sent Home on Tuesdays	13	14	15
	<p>Breakfast: Cold Cereal w/WW Toast</p> <p>Lunch: Chicken & Waffles</p> <p>Supper: Oven Baked Corn Dog</p>	<p>Breakfast: Ham & Cheese Muffin</p> <p>Lunch: Turkey Gravy over Mashed Potatoes w/WW Roll</p> <p>Supper: Beef & Cheese Tacos</p>	<p>Breakfast: Oatmeal w/WW Toast</p> <p>Lunch: American Sub Sandwich</p> <p>Supper: Chicken Burger on WW Bun</p>	<p>Breakfast: Oatmeal Chocolate Chip Breakfast Round</p> <p>Lunch: Pepperoni Pizza</p> <p>Supper: Rainbow Chili w/WW Roll</p>	<p>Breakfast: Blueberry Muffin</p> <p>Lunch: Oven Baked Chicken Burger</p> <p>Supper: Hamburger on WW Bun</p>	
16	17	18	19 Meal Sent Home on Tuesdays	20	21	22
	<p>Breakfast: Tony's Breakfast Pizza</p> <p>Lunch: Chicken Nuggets w/WW Roll</p> <p>Supper: Bean & Cheese Burrito</p>	<p>Breakfast: Cold Cereal w/WW Toast</p> <p>Lunch: BBQ Chicken Sandwich on WW Bun</p> <p>Supper: Corndog</p>	<p>Breakfast: Oatmeal w/WW Toast</p> <p>Lunch: Chicken Burger</p> <p>Supper: Soft Chicken Taco</p>	<p>Breakfast: Cold Cereal w/WW Toast</p> <p>Lunch: Grilled Cheese Sandwich w/Tomato Soup</p> <p>Supper: Turkey & Cheese Sandwich</p>	<p>Breakfast: Bagel w/Cream Cheese</p> <p>Lunch: Chicken Alfredo</p> <p>Supper: Cheesy Breadsticks w/Marinara</p>	
23	24	25	26 Meal Sent Home on Tuesdays	27	28	29
	<p>Breakfast: Ham & Cheese Muffin</p> <p>Lunch: Pretzel w/Cheese Sauce</p> <p>Supper: Hamburger on WW Bun</p>	<p>Breakfast: Cold Cereal w/WW Toast</p> <p>Lunch: Soft Chicken Taco</p> <p>Supper: Hot Dog on WW Bun</p>	<p>Breakfast: Mini Maple Waffles</p> <p>Lunch: American Sub Sandwich</p> <p>Supper: Rainbow Chili w/WW Roll</p>	<p>Breakfast: Cold Cereal w/WW Toast</p> <p>Lunch: Peachy Parfait w/Granola</p> <p>Supper: Corn Dog</p>	<p>Breakfast: Cinnamon Bagel</p> <p>Lunch: Homestyle Macaroni & Cheese</p> <p>Supper: Ham & Cheese Sandwich</p>	<p>WG=Whole Grain WW=Whole Whet</p>

String Cheese or WW Toast is included with Cold Cereal for Breakfast
Menu is Subject to Change

This institution is an equal opportunity provider