



Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority’s Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Lincoln County School District Taft 7-12, Newport High School, Toledo Junior Senior High School, Waldport High School
Key Contact Person for this Plan	Susan VanLiew
Phone Number of this Person	541-265-4400
Email Address of this person	Susan.vanliew@lincoln.k12.or.us
Specify Indoor/Outdoor Full Contact Sports Included in this Plan	Boys and Girls Basketball, Wrestling, Cheer, Swimming
Intended Starting Date for this Plan Update	May 4 th , 2021

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

Plan Details for School Instructional Model

Lincoln County School District implemented four day a week hybrid instruction with asynchronous learning one day a week for all K-12 students beginning April 19th. CDL and an online only option remain available. Prior to April 19th, LCSD secondary schools utilized LIPI and started 2 day a week hybrid on April 12th. LCSD began LIPI in additio to CDL on October 5th, 2020.

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

In accordance with the Ready Schools, Safe Learners Guidance rapid testing is available to athletes or coaches who are symptomatic or with known exposures. Testing will be conducted by district nursing staff. No test will be given without parental consent.

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
 - [COVID Monitoring Form: Excel](#)
 - [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

All schools have symptoms to watch for posted and a contact tracer assigned to each event. They track on site by using either a Google Form, Spectator Check-In, or QR code check in process. Athletic Directors or an assigned staff member check all players, coaches, officials, and spectators in at the event. All contact tracing lists are kept on site. LCSD nurses work directly with Lincoln County Public Health for contact tracing and quarantine or isolation decision making and communication. Documentation will be kept for at least 60 days.

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor fullcontact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

The COVID-19 waiver has been added to the required paper work for all athletes each season. It has also been translated to support families. The waivers are kept on file at the school sites. LCSD nurses work directly with Lincoln County Public Health for contact tracing and quarantine or isolation decision making and communication.