

**Lincoln County  
School District  
Breakfast & Lunch**



**September  
2020**





Breakfast will consist of Entrée, ½ Cup of Fruit, & 8 fl oz. of 1 % White Milk

Lunch will consist of Entrée, ½ Cup of Fruit, ½ Cup of Vegetable & 8 fl oz of Non-Fat Chocolate or 1% White Milk



Please Remember 1 of your daily breakfast choice must be 1/2 cup of fruit



	1		2	3		4
7 No School Labor Day	8	9	10	11	12	13
14 Breakfast: Sausage Pancake on a Stick Lunch: WGR Chicken Nugget w/WW Roll	15 Breakfast: Quaker Granola Breakfast Bar w/Toast Lunch: Cheeseburger on WW Bun	16 Breakfast: Cinnamon Breakfast Round Lunch: Chicken Ranch Wrap	17 Breakfast: Pancake Sausage Stick Lunch: Italian Sub Sandwich	18 Breakfast: Cranberry Peach Muffin Tops Lunch: Chicken Alfredo with Penne Pasta	19	20
21 Breakfast: Assorted Cold Cereal w/WW Toast Lunch: BBQ Meatball Sub Sandwich	22 Breakfast: French Toast Sticks Lunch: WG Corn Dog	23 Breakfast: Ham & Cheese Muffin Lunch: Chicken Burger on WGR Bun	24 Breakfast: Quaker Granola Breakfast Bar w/Toast Lunch: Chicken Taquitos	25 Breakfast: Strawberry Yogurt w/Graham Cracker Lunch: Spaghetti w/Meat Sauce	26	27
28 Breakfast: Quaker Granola Breakfast Bar w/Toast Lunch: Hot Dog on WGR Bun	29 Breakfast: Warm Bagel w/Cream Cheese Assorted Lunch: Turkey & Cheese Sub Sandwich	30 Breakfast: Cinnamon Breakfast Round Lunch: WGR Cheesy Breadsticks w/Marinara				

*WW Toast served Offered daily with Assorted Cereal & Oatmeal*

**This Institution is an equal opportunity provider  
Menu Is Subject To Change**



**All Students K-12 Eat Breakfast & Lunch at No Charge to  
the Student**