

**Eddyville
Charter &
Siletz Valley
Charter**



**September
2019**

**Assorted Cereal & Hot Oatmeal Offered Every Day
WG Toast or Graham Cracker Offered with All Cereals**

A Variety of Fresh & Canned Fruit, Low-Fat and Fat Free Milk Served Daily with Breakfast



Please Remember 1 of your daily breakfast choice must be 1/2 cup of fruit



<p>2 </p>	<p>3 Fruit Smoothie w/Graham Crackers</p>	<p>4 Egg & Tot Breakfast Bowl</p>	<p>5 Sausage & Cheese Biscuit</p>	<p>6 Fresh Baked Cinnamon Rolls</p>
<p>9 Breakfast Pancake on a Stick</p>	<p>10 Warm Bagel & Cream Cheese</p>	<p>11 Cinnamon Breakfast Round</p>	<p>12 Fruit & Yogurt Parfait</p>	<p>13 Warm Sliced Cocoa Bread</p>
<p>16 Sausage Breakfast Pizza</p>	<p>17 Fruit Smoothie w/Graham Crackers</p>	<p>18 Warm & Filling Biscuits & Gravy</p>	<p>19 Warm Sliced Banana Bread</p>	<p>20 French Toast Sticks</p>
<p>23 Apple Frudel</p>	<p>24 Warm Bagel & Cream Cheese</p>	<p>25 Breakfast Crunch Wrap</p>	<p>26 Fruit & Yogurt Parfait</p>	<p>27 Fresh Baked Cinnamon Rolls</p>
<p>30 Breakfast Pancake on a Stick</p>		<p>Orange Juice, or Apple Juice is Offered on Mondays, Wednesdays & Fridays</p>		

This institution is an equal opportunity provider
Menu Is Subject To Change

All Students K-12 Eat Breakfast & Lunch at No Charge to the Student

