

# EVC/SVC Elem Menu



# January 2019 Lunch Menu



### Daily Deli Specials:

- Monday:** Turkey & Cheese Sub, & Chef Salad
- Tuesday:** Ham & Cheese Sub, & Spinach Salad
- Wednesday:** Italian Sub & Chicken Caesar Salad
- Thursday:** American Sub, & SW Taco Salad
- Friday:** Sunbutter & Jelly Sandwich & Garden Salad

Whole Wheat Dinner Roll Offered with All Salads

### Pizza on Tuesday




1/2 Cheese & 1/2 Hawaiian

&

Pepperoni



Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Protein, and Low-Fat & Fat-Free Milk Students must choose 3 of 5 Meal Components

No School Winter Break		2 No School Winter Break		4 No School Winter Break
7 Italian Ravioli w/WW Roll	8 Chicken Pot Pie	9 Oven Baked Chicken Burger	10 Oven Baked Whole Grain Corn Dog	11 Creamy Chicken Alfredo w/WW Roll
14 Bean & Cheese Enchiladas Rojo	15 Cheesy Breadsticks w/Marinara or	16 Turkey Gravy w/Mashed Potatoes & WW Roll	17 Grilled Ham & Cheese w/Mo's Clam Chowder	18 Zesty Spaghetti w/Meat Sauce
21 No School Martin Luther King Day	22 Homemade Chili w/Chips	23 Oven Baked Chicken Nuggets w/WW Roll	24 Soft Pretzel w/Cheese Sauce	25 Chicken & Cheese Nachos
28 All American Cheeseburger	29 Totally Taco Burger	30 Hamburger Gravy over Mashed Potatoes w/WW Roll	31 Alaskan Fish & Chips w/WW Roll	

WW = Whole Wheat WG= Whole Grain

This Institution is an Equal Opportunity Provider



**All Students K-12 Eat Breakfast & Lunch at  
No Charge to the Student**

