



**District Nurses  
Office**  
459 SW Coast Hwy  
Newport, OR 97365  
Fax: 541-574-2224

**Julie Turner, RN, MSN**  
**West District Nurse**  
541-265-6704  
Julie.Turner@lincoln.k12.or.us

**Betsy Brooks, RN**  
**East & South District Nurse**  
541-265-6703  
Betsy.Brooks@lincoln.k12.or.us

**Jessi Adams, RN**  
**North District Nurse**  
541-265-6703  
Jessica.Adams@lincoln.k12.or.us

**Karen Gray, Superintendent**

## WHEN SHOULD A CHILD STAY HOME FROM SCHOOL OR BE SENT HOME FROM SCHOOL?

Student's Symptoms/Diagnosed Illness	Student May Return to School When
Fever greater than 100.5 degrees (Orally)	Temperature below 100 degrees (Orally) for a minimum of 24 hours without the use of Tylenol or other fever-reducing medicine.
Rash or rash with fever – new or sudden onset	Rash disappears. Written or phone consent from doctor to school nurse.
Yellow or brown drainage from eyes or unusual drainage from other parts of the body, such as a draining sore.	Discharge must be gone or the student must have a written or phone consent from doctor to school nurse.
Vomiting	Symptom-free for 24 hours
Diarrhea: 3 loose watery stools in one day	Symptom-free for 24 hours
Cough: Deep, barking, congested or productive of colored mucous	Symptom-free or student must have been on antibiotics for 24 hours or have a written or phone consent from doctor to school nurse. Antibiotics are not effective for viral illnesses. When antibiotics are prescribed for bacterial infections, take all medications as prescribed until gone.
White, clay-colored or bloody stool	Written or phone consent from doctor to school nurse.
Yellow color of skin or eyes	Written or phone consent from doctor to school nurse.
Brown or bloody urine	Written or phone consent from doctor to school nurse.
Stiff neck or headache with fever	Symptom-free or written or phone consent from doctor to school nurse.
Unusually sleepy, lethargic or grumpy	Symptom-free or written or phone consent from doctor to school nurse.
Strep throat diagnosed by Health Care Provider	<u>Must</u> have been on antibiotics for 24 hours and have written or phone consent from doctor to school nurse. If no antibiotic given, call school nurse before sending child to school.
After an illness of 2 or more weeks, surgery or other change in health status	Written instructions from doctor and parent regarding medication or special health needs must be provided to the school nurse.

**ONLY A LICENSED HEALTH CARE PROVIDER CAN DETERMINE A DIAGNOSIS AND/OR PRESCRIBE TREATMENT AND PROVIDE INSTRUCTIONS REGARDING THE STUDENT'S RETURN TO SCHOOL.**

Please contact the District Nurses Office if you have questions or concerns about a student.