



**District Nurses Office**  
 1811 NE Arcadia Dr  
 Toledo, OR 97391  
 P.O. Box 1110  
 Newport, OR 97365  
 Fax 541-574-2224

**Julie Turner, RN, MSN**  
 West & South District Nurse  
 541-336-2195  
 Julie.Turner@lincoln.k12.or.us

**Betsy Brooks, RN**  
 North & East District Nurse  
 541-336-2492  
 Betsy.Brooks@lincoln.k12.or.us

**Tom Rinearson, Superintendent**

## WHEN SHOULD A CHILD STAY HOME FROM SCHOOL OR BE SENT HOME FROM SCHOOL?

| Student's Symptoms/Diagnosed Illness  | Student May Return to School When  |
|---|--|
| Fever greater than 100.5 degrees (Orally)   | Temperature below 100 degrees (Orally) for a minimum of 24 hours without the use of Tylenol or other fever-reducing medicine.  |
| Rash or rash with fever – new or sudden onset   | Rash disappears. Written or phone consent from doctor to school nurse.   |
| Yellow or brown drainage from eyes or unusual drainage from other parts of the body, such as a draining sore. | Discharge must be gone or the student must have a written or phone consent from doctor to school nurse.  |
| Vomiting  | Symptom-free for 24 hours  |
| Diarrhea: 3 loose watery stools in one day  | Symptom-free for 24 hours  |
| Cough: Deep, barking, congested or productive of colored mucous   | Symptom-free or student must have been on antibiotics for 24 hours or have a written or phone consent from doctor to school nurse. Antibiotics are not effective for viral illnesses. When antibiotics are prescribed for bacterial infections, take all medications as prescribed until gone. |
| White, clay-colored or bloody stool   | Written or phone consent from doctor to school nurse.  |
| Yellow color of skin or eyes  | Written or phone consent from doctor to school nurse.  |
| Brown or bloody urine   | Written or phone consent from doctor to school nurse.  |
| Stiff neck or headache with fever   | Symptom-free or written or phone consent from doctor to school nurse.  |
| Unusually sleepy, lethargic or grumpy   | Symptom-free or written or phone consent from doctor to school nurse.  |
| Strep throat diagnosed by Health Care Provider  | <b><i>Must</i></b> have been on antibiotics for 24 hours and have written or phone consent from doctor to school nurse. If no antibiotic given, call school nurse before sending child to school.  |
| After an illness of 2 or more weeks, surgery or other change in health status                                 | Written instructions from doctor and parent regarding medication or special health needs must be provided to the school nurse.   |

**ONLY A LICENSED HEALTH CARE PROVIDER CAN DETERMINE A DIAGNOSIS AND/OR PRESCRIBE TREATMENT AND PROVIDE INSTRUCTIONS REGARDING THE STUDENT'S RETURN TO SCHOOL.**

Please contact the District Nurses Office if you have questions or concerns about a student.